



# Continuing Education

Go With The Flow This Summer



[www.LearnatSouth.org](http://www.LearnatSouth.org) • (206) 934-5339

**Register Now!**

Backyard Gardening, p. 7   Zentangle, p. 4   Homemade Ice Cream, p. 9

# What's New



## Eat

*Sushi Bento, p 9-10*

## Paint

*Watercolor,  
Mixed Media Drawing,  
p 4-5*



## Learn

*French for Everyday Life,  
p 11-12*

### Front Cover:

*Photo taken in the South Seattle Arboretum with Tai Chi and Qigong instructor, Viola Brumbaugh, and students.*

Photo credit – Glenn Gauthier, South Seattle graphic designer and photographer

### Back Cover:

*Former South employee, Irina Minasova, at Alki.*

Photo credit – Meredith Blache of Blache Designs, Seattle.  
Meredith is a popular photography and photo editing instructor at South. **(See pages 5-6, 13)**

Continuing Education (USPS 008-820)  
Vol 5, Issue 4, Summer 2017, is published quarterly  
by the Seattle College District  
1500 Harvard Ave., Seattle, WA 98122-2400.

Periodicals postage paid at Seattle WA.

Postmaster: Send address changes to Continuing  
Education, c/o South Seattle College,  
6000 16th Ave. SW, Seattle, WA 98106-1499

# Welcome to South!

Dear Friends,


## Find balance and explore your creativity this summer at South!

Our summer outdoor Tai Chi or Qigong classes in South's beautiful Arboretum foster relaxation, stress relief, and overall health. To learn more about these ancient Chinese martial arts, sign up for one or both of our free introductions: Tai Chi on July 12; Qigong on July 19. (See page 9.)



Inspired by summer landscapes? Join us for exclusive tours of two beautiful private gardens (the Bloedel Reserve on Bainbridge Island, and Powellswood in Federal Way), led by a favorite South Seattle College faculty member, horticulturist Van Bobbitt. (See page 8.)

Capture your summer memories in a watercolor sketching class or gain tips for taking fantastic photos from an award-winning photographer. (See page 5.)

Or simply kick back and choose your own classes and schedule from our many online offerings. We've got everything from digital scrapbooking, Speed Spanish, grant writing, and how to start a home business to computer programming. Look for the mouse symbol  and explore some of our many options.

Go with the flow and find new ways to enhance your enjoyment of life this summer!

Warm Regards,

*Luisa Motten*

Director of Continuing Education

## EASY WAYS TO REGISTER



**ONLINE:** [www.LearnatSouth.org](http://www.LearnatSouth.org)



**PHONE:** (206) 934-5339



**IN PERSON:** Olympic Hall, Room 130



**MAIL:** Fill out and mail form on page 15

## TABLE OF CONTENTS

### ARTS

- Crafts 4
- Drawing & Painting 4
- Music 5
- Photography 5
- Pottery 6
- Welding 6

### ENRICHMENT

- Home 7
- Garden 7
- Garden Tours 8
- Mind-Body 9

### FOOD & WINE

- Bread 9
- Chocolate & Candy 9
- Cooking 9
- Icing Decorations 10
- Wine & Cider 10

### LANGUAGE

- American English 11
- Chinese 11
- French 11
- Italian 12
- Japanese 12
- Sign Language 12
- Spanish 12

### COMPUTER

- Series 13
- Essentials 13
- Excel & Word 13
- Graphic Design 13
- Programming 13

### ON-LINE FOR EDUCATORS 14

### REGISTRATION FORM 15

### CAMPUS MAP 15



*The Zentangle Method*

## ARTS

### CRAFTS

#### **NEW!** Crochet Baby Blankets: Beyond the Pattern **Corinne Soltis**

No one wants to spend weeks or months crocheting a baby blanket only for it to end up in the rubbish bin. Discover the secrets to making heirloom blankets mothers will treasure for a lifetime, and beyond. Bring a ball of yarn and crochet hook. No experience necessary.

M 7/10 6:00 PM – 7:30 PM On campus \$20

#### **NEW!** Beginning Crochet **Corinne Soltis**

Want to learn how to crochet, but not getting anywhere watching endless YouTube videos? Come get some hands-on training, and learn the basics. This class covers Chain, Slip Stitch, Single, Half, Double, maintaining tension, hooks and yarn. You will receive a complete kit for all class projects including 1 pot holder and a scarf. No experience necessary.

M (3 sessions) 7/17-7/31 6:00 PM – 7:30 PM OLY 100 \$30 + \$30 Materials Fee

#### **Introduction to Digital Scrapbooking** **Beverly Richards**

Learn how to make the most of your scrapbooking talents and artistic ideas when you combine digital and traditional scrapbooking techniques

www.ed2go.com/southsea/ Start dates June 14, July 12, August 16 \$109

#### **Introduction to Soap Making** **Janey Davies**

Discover how to create skin-pampering soap the old-fashioned way using lye, fats and oils. Learn both hot and cold process soap making techniques. You will leave class with 8 bars of soap, recipes, instructions, and a list of suppliers. Handmade soap makes a perfect gift.

W 7/27 5:30 PM – 9:00 PM CAB - Main \$55 + \$15 materials fee

#### **Homemade Body Care Products** **Janey Davies**

Create your own lotions, scrubs, bath bombs, and lip balms. Learn to make affordable moisturizing products to pamper your skin. Practice your newly acquired skills by creating four full-sized products to take home along with recipes, instructions, and a list of ingredient suppliers.

W 8/2 5:30 PM – 9:00 PM CAB - Main \$55 + \$15 materials fee

#### **The Zentangle Method** **Meg Steele**

The Zentangle Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. Almost anyone can use it to create beautiful images. It increases focus and creativity, provides artistic satisfaction along with an increased sense of personal well-being. The Zentangle Method is enjoyed all over the world, across a wide range of skills, interests, and ages: An elegant metaphor for deliberate artistry in life.

Sa 7/8 9:30 AM – 12:30 PM OLY 105 \$45 + \$10 Materials Fee

### DRAWING & PAINTING

Supply lists for drawing and painting classes will be provided.

#### **Drawing for Pleasure: Basic Skills** **Peter Barth**

Gain basic drawing skills, including highlights, shadows, details, and textures. You will also learn to draw a variety of exciting subjects in a series of step-by-step demos including still lifes, animals, flowers, trees, and more.

Sa (6 Sessions) 7/15 - 8/19 11:00 AM - 1:00 PM CEC 102 \$135

#### **NEW! Mixed Media Drawing** **Peter Barth**

Drawing also comes in a wide variety of forms and media! Expand your horizons, and learn all kinds of media that drawing has to offer including: Pencil, Charcoal/Charcoal Pencil, and more! Learning the many types of drawing media can make drawing even more fun and greatly expand the ways you can express yourself in this enjoyable, timeless medium. Add to your skills and learn the fundamental of mixed media drawing, which can last a lifetime!

Tu (5 Sessions) 7/18 - 8/15 7:00 PM - 9:00 PM CEC 102 \$109

#### **Acrylic Painting** **Peter Barth**

Learn painting basics: Color, value, lighting, drawing, and proportion. Class covers basic brush handling techniques (blending, wet brush, dry brush, stippling) and how to paint a variety of subjects following step-by-step demos, including still lifes, birds, flowers, trees, and more.

Sa (6 Sessions) 7/15 - 8/19 2:00 PM - 4:30 PM CEC 102 \$145

“ I enjoy Peter’s energy and passion for painting and art in general. I’ve taken several of his classes and I keep coming back because I know that each time I will learn something new – Peter’s classes are excellent! ”

– Evelyn R.

## Meet Peter Barth

**Peter Barth** is an artist and graduate of Florida State University in Studio Art and Biology, with a deep appreciation of art and the natural world. Lively, outgoing, and patient, Peter is passionate about helping students deepen their appreciation and knowledge of art.



**NEW! Watercolor Fun**

Jenna Howell

Join a local artist for an evening of fun creating unique and dynamic watercolor paintings. Explore this vibrant form of painting to create art you love. Watercolor painting can enhance journals and scrapbooks or can be used to create cards and other small works of art. All skill levels welcome. \$15 Materials Fee may be waived if you wish to bring your own supplies.

W 7/19 6:00 PM - 8:30 PM CEC 102 \$45 + \$15 Materials Fee

**NEW! Expressive Florals in Watercolor**

Jenna Howell

Loosen up your watercolors with this enjoyable style of painting. Learn to create brushstrokes that evoke movement and how to choose complimentary color schemes. All skill levels welcome. \$25 Materials Fee may be waived if you wish to bring your own supplies.

F 8/4 10:00 AM - 2:30 PM LHO 3 \$65 + \$25 Materials Fee

**NEW! Watercolor Sketching/Journaling**

Jenna Howell

Be inspired to record your life, a special trip, or your daily adventures with loose, quick watercolor in a journal style format. Similar to handwriting, everyone has their own drawing style. Your instructor helps you discover and refine your style as an artist. Class is open to all levels of artists!

S 8/12 10:00 AM - 2:30 PM On Campus \$59 + \$25 Materials Fee



Expressive Florals in Watercolor

“ Jenna Howell is wonderfully prepared for her classes, she has considered everything! Materials are set up in advance so her attention is on instruction and the students. Jenna gives great directions and helpful suggestions. Thank you for offering her classes in my neighborhood! ”

Christie B.

## MUSIC

**Guitar-Beginning** 

Kathy Brengle

Bring your guitar and learn basic guitar techniques and the fundamentals of music notation. Whether you want to learn to play guitar favorites or have aspirations to play in a band, this class will get you started! (No class 7/12)

W (6 Sessions) 6/28 - 8/9 7:45 PM - 9:15 PM RSB 80 \$99 + \$5 Materials Fee

**Ukulele - Beginning** 

Kathy Brengle

Start strumming as you learn to play the ukulele in a relaxed and fun atmosphere. Curriculum includes traditional and contemporary Hawaiian music as well as popular songs. Focus will be on learning basic strums and chords set to new songs each week. Bring your own ukulele and start making music! (No class 7/12)

W (6 Sessions) 6/28 - 8/9 6:00 PM - 7:30 PM RSB 80 \$99 + \$5 Materials Fee

 **Music Made Easy**

Marianne Murawski

Learn the fundamentals of music theory. Be able to read, write, and play simple music.

www.ed2go.com/southsea/ Start dates June 14, July 12, August 16 \$109

“ Kathy Brengle has a great knowledge of contemporary music, as well as pop music from earlier eras. Her relaxed, patient teaching style emphasizes what you are doing well, while gracefully analyzing the areas where you can improve. Her upbeat personality exudes the joy of music and teaching! ”

– Bob S.

## PHOTOGRAPHY

Bring a digital camera, instruction manual, charged battery, extra batteries, power cable and extra memory cards.

**Get to Know and Use Your Digital Camera**

Ray Pfortner

Get ready to capture the highlights of Summer with photos you take. A hands-on class to learn and practice the essentials of digital photography: Image size, picture formats, zoom, deciphering menu options, and configuring your camera's settings. Spend time learning the basics of your camera and great composition and then shoot photos on South's campus, the Seattle Chinese Garden and Arboretum to take back and review as a class.

Sa 6/24 9:00 AM - 4:00 PM LHO 2 \$95

**NEW! Digital Camera - Getting Fantastic Photos**

Ray Pfortner

Explore the basics of getting the most out of your camera, whichever model you own. But go beyond the tool and explore what makes a great photograph. It is not the equipment nor even the photo opportunities that come along, but the eye of the person behind the camera. Explore how to sharpen your visual literacy, and how to design a photograph and arrange the elements within it. Improve your eye by learning well-established principles of composition (as well as when and when not to apply them.) Class is great for all skill levels using any digital camera, point and shoot or digital SLR. Bring 5 of your own photographs (on a flash drive, DVD or as small prints) to share.

M (2 Sessions) 7/31 - 8/7 6:30 PM - 9:00 PM CEC 102 \$75

**Digital Camera - Level 2 - All About Posing**

Meredith Blache

Learn how to pose your subjects to get the most flattering images. Prerequisite: Digital Camera Intro Series - Level 1 or instructor permission.


Su 6/4 9:00 AM - 12:00 PM OLY 102 \$65

**Digital Camera - Level 2 - All About Lighting**

Meredith Blache

Learn how to improve the lighting of your images using your camera's settings, as well as simple techniques for adjusting external lighting. Prerequisite: Digital Camera Intro Series - Level 1 or instructor permission.

Su 6/11 9:00 AM - 12:00 PM OLY 102 \$65

When you see this  icon, two or more people may enroll at a reduced class fee rate (per person) when you enroll together. Call us at 206-934-5339 or visit [www.learnatsouth.org](http://www.learnatsouth.org) to see the **Friends Rate**.



Garden Photography

### Digital Camera - Level 2 - Flash Photography

Meredith Blache

Get the most out of the flash on your DSLR camera. Learn how to bounce the flash and how to adjust the amount of flash your camera uses. Prerequisite: Digital Camera Series - Level 1 or instructor permission.

Su 6/18 9:00 AM - 12:00 PM OLY 102 \$65

### Photo Safari Field Trip at Alki Point and Beach

Meredith Blache

This field trip includes learning how to more effectively photograph a wide variety of subjects: Our beautiful city scape, interesting beach life, low tide setting, and lively beach community celebrations. This class is from 10am - 2pm but you just might want to spend the rest of your day relaxing at the beach.

Sa 6/24 10:00 AM - 2:00 PM Off campus \$69

### Garden Photography I - The Fundamentals

Ray Pfortner

Finally a photography class for gardeners rather than photographers! Learn the fundamentals of how to get more out of your camera specifically for photographing flora, from broad overviews to tight portraits of individuals blooms. For motivated beginners with any type of digital camera, point-and-shoot or fancier SLR. Bring your camera and any other gear to class.

Tu 5/30 - 5/30 6:00 PM - 9:00 PM LHO 2 \$45  
M 8/14 6:00 PM - 9:00 PM LHO 2 \$45

### Garden Photography II - On Location:

#### Practice and Feedback

Ray Pfortner

Take your photography skills to new levels, doing more justice to the beauty in front of your camera lens. In the first session, explore the capabilities of your camera, the shooting modes that offer far more creativity than "automatic" with a not-so-steep learning curve. In the second session, you'll get out and practice with your camera on location in the South Seattle College Arboretum and the Seattle Chinese Garden. In the third session, we'll return to the classroom to share a selection of the photographs you took on location, and discuss your questions and insights. For motivated beginners and aspiring amateur photographers with any digital camera, point-and-shoot or fancier SLR.

Tu (3 Sessions) 6/6 - 6/20 6:00 PM - 9:00 PM &  
Sat 10:00 AM - 1:00 PM LHO 2 \$99

### Travel Photography for the Digital Photographer

Richard Schulz

Learn the tricks and techniques digital photographers need to capture scenes from around the world and bring them home

www.ed2go.com/southsea/ Start dates June 14, July 12, August 16 \$109

### Photographing People With Your Digital Camera

Curt Simmons

Learn to take beautiful pictures of adults, children, and babies.

www.ed2go.com/southsea/ Start dates June 14, July 12, August 16 \$109

## POTTERY

Materials Fee paid at the time of registration

### NEW! Fun with Clay

Matthew Whittlemore

This class provides you with an introduction to working with clay through hands-on experiences and personal instruction. Gain basic clay, pottery, and sculpture concepts using different tools, as well as handbuilding, pinch pots, and slab plate techniques. Cultivate your creative instincts. No experience required. Come have fun!

Tu (4 Sessions) 7/25 - 8/15 6:00 PM - 9:00 PM RAH 111 \$125 + \$30 Materials Fee

### Daytime Pottery & Handbuilding

Bethany Woll

Those new to clay will gain hands-on experience with basic construction methods. Returning students will explore and further develop their skills. Experiment with a variety of glazing and surface techniques. Class is open to all skill levels. (No class 7/4)

Tu (4 Sessions) 6/20 - 7/18 10:00 AM - 1:00 PM RAH 111 \$85 + \$25 Materials Fee

### Pottery Studio: Beginning Wheel Throwing & Handbuilding

Miki Willis

Learn basic wheel throwing techniques. This fun class covers the fundamentals of wedging, centering, throwing, and glazing. If you have ever wanted to throw a pot, this is the class for you! Class will also cover basic handbuilding techniques.

Th (8 Sessions) 6/29 - 8/17 6:00 PM - 9:00 PM RAH 111 \$145 + \$40 Materials Fee

### Saturday Pottery Studio

Miki Willis

Geared to students with intermediate pottery skills, this continuing course covers construction and decoration techniques needed to create a wide variety of projects in clay. Prerequisite: Beginning Wheel Throwing or Handbuilding.

Sa (8 Sessions) 7/8 - 8/26 9:30 AM - 12:30 PM RAH 111 \$145 + \$40 Materials Fee

### Saturday Pottery Studio: Intermediate Wheel Throwing

Miki Willis

This intermediate class is for students with an understanding of basic wheel throwing techniques. Weekly demos will introduce new forms and techniques to expand throwing expertise. Prerequisite: Beginning Wheel Throwing Pottery.

Sa (8 Sessions) 7/8 - 8/26 1:30 PM - 4:30 PM RAH 111 \$145 + \$40 Materials Fee



## WELDING

### Welding - Beginning Ornamental Steel

Mimi Riley

Do It Yourself! Create and take home your own steel sculpture or small project. Learn basic fabrication and hand bending techniques used to make wrought iron elements, while focusing on low-tech processes and simple tools.

Fr, Sa (2 Sessions) 6/30 - 7/1 Fr:5:00 PM - 9:00 PM &  
Sa:10:00 AM - 2:00 PM Off Campus \$160 + \$70 Materials Fee

Sa, Su (2 Sessions) 7/15 - 7/16 10:00 AM - 2:00 PM Off Campus \$160 + \$70 Materials Fee

Fr, Sa (2 Sessions) 8/18 - 8/19 Fr:5:00 PM - 9:00 PM &  
Sa:10:00 AM - 2:00 PM Off Campus \$160 + \$70 Materials Fee

## ENRICHMENT

### FREE! Welcome to Medicare

Staff SHIBA

Need help understanding Medicare? This free workshop is for anyone who wants to learn more about Medicare health coverage. Various plan options, prescription drug coverage, and supplements will be discussed. This class is taught by a trained advisor from the Statewide Health Insurance Benefits Advisors program which provides free, unbiased and confidential assistance with healthcare choices.

Sa 8/5 9:30 AM - 11:30 AM OLY 206 FREE

### A to Z Grant Writing II - Beyond the Basics

Beverly Browning

Sharpen your grant research skills, write the most important sections of grant applications, and learn the types of grants available.

www.ed2go.com/southsea/ Start dates June 14, July 12, August 16 \$109



## HOME & GARDEN

### HOME

#### Hands-On Home Repair and Maintenance

Peter Marx

Through hands-on experiences, learn a variety of home improvements and maintenance skills. Emphasis on hand and power tool selection, operation and personal safety, kitchen and bath remodeling, electrical, plumbing, wall repair, materials and methods, home security, and weatherization.

Sa 7/15 10:00 AM - 4:30 PM LHO 2 \$105 + \$40 Materials Fee

#### How to Build a Natural Stone Path or Patio

Chuck Randall

Learn the skills and steps necessary to complete a natural stone path or patio. The casual, free-form approach to design allows you to relax and be creative rather than worrying about precise cutting and fitting. But a natural stone patio does require a firm base and adequate drainage, important considerations which will be thoroughly covered in this interactive class. Leave class with a clear understanding of what it takes to design and install a natural stone path or patio.

Sa 7/8 9:30 AM - 11:00 AM LHO 2 \$25

#### Start and Operate Your Own Home-Based Business

Helene Liatsos

An experienced entrepreneur teaches you how to develop the motivation, discipline, and creativity to quit your job and be your own boss.

www.ed2go.com/southsea/ Start dates June 14, July 12, August 16 \$109

#### Start a Pet Sitting Business

Jeff Grognet

Discover how to translate your love of animals into a fun and profitable career.

www.ed2go.com/southsea/ Start dates June 14, July 12, August 16 \$109

## GARDEN

### Bonsai (Penjing) for Beginners

Robert Wai Cho

This class offers an introduction to the art of Bonsai (Penjing) gardening. You will learn from a master how to create and maintain your first bonsai. Class covers the care required, soil, fertilization, appropriate trimming, and the use of wires to control the shapes of the branches and trunks. (Bonsai plant and dish available for optional purchase for a \$30 materials fee.)

Sa 6/3 1:00 PM - 5:00 PM On campus \$49 + \$30 Materials Fee

### Introduction to Landscape Design



Blair Constantine

Why come home to a barren lawn and drab plantings when you could be greeted by your own beautiful oasis? Learn the secrets professionals use to create landscapes that are functional, ecologically beneficial and aesthetically pleasing. Employing slides, lecture and handout materials, you'll learn both design theory and practical tips for transforming your yard into a lovely, welcoming space.

M (2 Sessions) 7/10 - 7/17 7:00 PM - 9:30 PM LHO 2 \$59

### Gardening in West Seattle

Mark Pollock

All plant groups have the same elemental needs of water, light, and air, but the quantity and intensity of each of these elements varies greatly by location. This class covers the specifics of West Seattle's soil composition, weather, small-size lots, and related issues (drainage, pH) including the "right plant, right place" perspective, soil amendments to boost fertility, companion planting, and avoidance of plants overused in West Seattle.

Sa 7/8 10:00 AM - 12:00 PM LHO 2 \$25

### NEW! Backyard Gardening - Series

Multiple Instructors

Geared to the Pacific Northwest home gardener, this Series covers a wide range of essential topics: the importance of wildlife to gardening, including low maintenance, insect- and disease-resistant dwarf conifers and how to deal with unhappy plants in your yard. This Series includes: Gardening for the Birds & the Bees, Bugs & Blights on Your Plants - What to Do? Dwarf & Miniature Conifers. Take the Series for a savings.

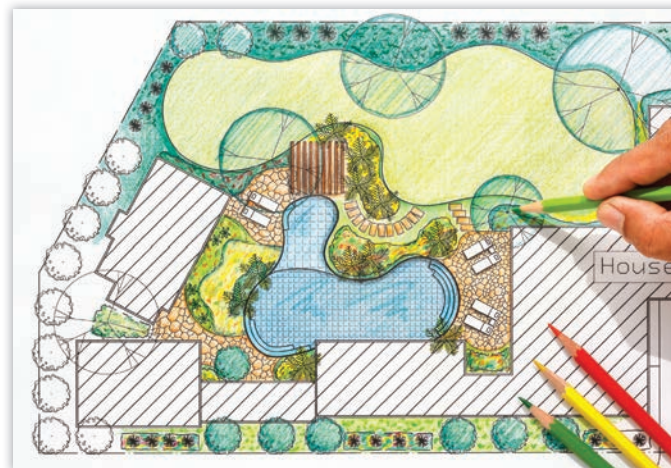
M (3 sessions) 7/17 - 7/31 6:30-8:30 PM LHO 2 \$75

### Gardening for the Birds & the Bees


Terre Shattuck

Encouraging birds and insects to visit and live in your garden helps to look after local wildlife, keeps valuable green spaces thriving, and can help control garden pests by encouraging natural predators. This class will focus on how to attract them to visit and/or stay through the use of shrubs, trees, boxes and feeders for perching, foraging and nesting.

M 7/17 6:30 PM - 8:30 PM LHO 2 \$29



Landscape Design

When you see this  icon, two or more people may enroll at a reduced class fee rate (per person) when you enroll together. Call us at 206-934-5339 or visit [www.learnatsouth.org](http://www.learnatsouth.org) to see the **Friends Rate**.



## Meet Van Bobbitt

**Van Bobbitt** taught horticulture at South Seattle College for 16 years, retiring in 2015. He is a Certified Arborist and a Certified Nursery Professional. In 2014, Van received the Educator of the Year award from the Washington State Nursery & Landscape Association.

### Bugs and Blights on Your Plants - What to Do?

Van Bobbitt

Learn a systematic approach to diagnosing plant problems, and discover where to go for sound solutions. Become familiar with common insect, disease, and environmental maladies of landscape plants. Gain hands-on practice diagnosing problems and finding remedies.

M 7/24 6:30 PM - 8:30 PM LHO 2 \$29

### Dwarf & Miniature Conifers

Bill Hibler

Dwarf conifers are ideal plants for West Seattle's smaller yards and gardens. They're low maintenance and resistant to most insects and diseases; many have year-round color, and there is an extraordinary range of sizes and shapes available. This class covers the information on types of dwarf conifers (genus/species), as well as the basics of site and soil.

M 7/31 6:30 PM - 8:30 PM LHO 2 \$29

### NEW! Summer Pruning & Maintenance for the Home Fruit Gardener

Bob Baines

An introduction to the basics of why, when, and how to prune fruit trees in summer. Learn the principles of selective pruning including basic pruning cuts, making a proper cut, and other guidance for pruning specific fruit trees. Class includes information about selection and care of tools, and a pruning demonstration in the Community Orchard of West Seattle (COWS) on the South campus.

Sa 7/29 10:00 AM - 12:00 PM LHO 2 \$35

### Lasting Color for the Summer Garden

Christina Pfeiffer

Learn how to build lasting color in your summer garden using a variety of different types of plants. Plant selections for optimal display, drought tolerance, and easy maintenance will be emphasized.

Sa 6/10 10:00 AM - 12:00 PM LHO 2 \$35

### Water-Wise Gardening

Mark Pollock

A beautiful garden doesn't have to use a lot of water. Choosing drought-tolerant plants, conserving water with smart irrigation, mulching, using found-water sources such as catchment and rainwater in barrels all help to make the most of this precious resource in your garden. Class will also cover the specifics of West Seattle's soil composition and weather.

Sa 6/3 10:00 AM - 12:00 PM LHO 2 \$29

### Start Your Own Edible Garden

Katie Powell-Lee

Learn how to grow delicious, nutritious fruit and vegetables in your own backyard.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

## GARDEN TOURS

### FREE! Guided Tour of the Arboretum & Botanical Garden at South Seattle College

Enjoy a complimentary tour of South's Arboretum & Botanical Garden and learn how to turn your own garden into a botanical gem! Natives, ornamentals and many noteworthy specimens for the urban garden will be featured. A professional horticulturist will guide you through the gardens of the Arboretum, providing a "right plant, right place" perspective to guide your landscape designs.

Sa	6/3	12:30 PM - 1:30 PM	Arboretum entrance	Susan Hanley
M	7/10	6:30 PM - 7:30 PM	Arboretum entrance	Van Bobbitt

### NEW! Exclusive Guided Tour of Powellswood:

#### A Northwest Garden

Van Bobbitt

Van Bobbitt, retired South Seattle College horticulture instructor, has arranged an exclusive garden tour and refreshments for us at the Powellswood Garden in Federal Way, WA. It is three acres nestled against thirty-five acres of native successional forest. Our guided tour will focus on the history of the garden, special plants, and sustainable gardening practices as we explore the major features of this amazing garden. The garden also features walking paths, a meandering stream and pond, and a conservatory-style Garden Room. After the Tour, the group will enjoy an optional no-host lunch together and side trip to the West Hylebos Wetlands, a moist, lush forest refuge. Meet at 10:15 a.m. at the garden entrance. Class fee includes all Powellswood tour fees. (You must provide your own transportation to Powellswood.)

Sa 7/15 10:15 AM - 12:30 PM Off campus \$55

### NEW! Exclusive Guided Tour of the Bloedel Reserve

Van Bobbitt

Come join South Seattle College retired horticulture instructor Van Bobbitt for the day on Bainbridge Island touring the Bloedel Reserve, an internationally-renowned public garden and forest preserve. The group will have the benefit of Mr. Bobbitt's expertise and a Bloedel Reserve guide providing a horticulturally-focused tour. After the tour, the group will enjoy an optional no-host lunch together on Bainbridge Island before taking the return ferry to Seattle. The Reserve's founders' vision was "to provide refreshment and tranquility in the presence of natural beauty." Come experience this for yourself! Class fee includes Bloedel Reserve fees. (You must provide your own transportation to the Bloedel Reserve.)

Sa 8/5 9:45 AM - 1:30 PM Off campus \$55



Powellswood Gardens in Federal Way, WA



## MIND-BODY

### Feldenkrais Method® - Awareness Through Movement **Beth Cooper**

The gentle, playful movement explorations of the Feldenkrais Method® are designed to improve your self-organization, expand your self-image, and fan your creative spark. Whether you're sitting at the computer, working in your garden, learning how to tango, or preparing for ski season, the Feldenkrais Method® can help decrease pain while increasing agility, balance, and energy. These lessons are for everyone, regardless of your movement skill and experience.

Sa (4 Sessions) 7/15 - 8/5 9:00 AM - 10:00 AM MPB 5 \$59

### **FREE!** Introduction to Tai Chi

**Viola Brumbaugh**

Want to learn more about Tai Chi before signing up for a class? Come to this free preview and learn about this ancient martial art which is practiced daily by millions worldwide to improve balance, strength, flexibility, and promote overall health.

W 7/12 6:00 PM - 7:00 PM CEC 101 FREE

### **FREE!** Introduction to Qigong

**Viola Brumbaugh**

Want to understand more about Qigong before signing up for a class? Come to this free preview and learn why Qigong is practiced by more people worldwide than any other form of exercise. Learn about basic Qigong theory and how it will improve your health, increase your energy, and speed your recovery from illness.

W 7/19 6:00 PM - 7:00 PM CEC 101 FREE

### Tai Chi for Beginners - Yang 24 In the Garden

**Viola Brumbaugh**

This ancient martial art is practiced daily by millions worldwide to improve balance, strength, flexibility, and promote overall health. Through structural improvement, relaxation, and flow, learn to gently exercise the entire body inside and out, harmonizing mind, body and spirit.

W (8 Sessions) 8/2 - 9/20 5:30 PM - 6:30 PM CEC 101 \$110

### Qigong In the Garden -

#### Health of Body, Mind and Spirit

**Viola Brumbaugh**

Improve your health, increase your energy, and speed your recovery from illness. Qigong's stretching and strengthening movements activate "qi" in your body, stimulate your immune system, strengthen your internal organs, and rejuvenate your soul.

W (8 Sessions) 8/2 - 9/20 6:45 PM - 7:45 PM CEC 101 \$110

“I started taking Tai Chi to help manage stress, to slow down and be in the present. This class has become a special time for me. Viola's calming demeanor and explanation of the movements are why I love the class. No need to worry about not knowing what to do, just join in, relax and have fun!”

— Jim B.

### The Zentangle Method

**Meg Steele**

The Zentangle Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. Almost anyone can use it to create beautiful images. It increases focus and creativity, provides artistic satisfaction along with an increased sense of personal well-being. The Zentangle Method is enjoyed all over the world, across a wide range of skills, interests, and ages: An elegant metaphor for deliberate artistry in life.

Sa 7/8 9:30 AM - 12:30 PM OLY 105 \$45 + \$10 Materials Fee



Sushi Bento (Box Lunch)

## FOOD & WINE

### BREAD

#### Breadmaking for Beginners

**In Park**

This class offers you an introduction to the world of dough. It's designed for the non-baker who want to make freshly baked homemade bread using the slow-fermentation process. Learn the role each ingredient plays and universal techniques for making great dough. Leave with delicious loaves of bread and recipes.

Sa, Su (2 Sessions) 7/15 - 7/16 10:00 AM - 3:00 PM PBA 106 \$125 + \$25 Materials Fee

#### Artisan Breadmaking Workshop - Intermediate

**In Park**

Take your breadmaking to the next level. Learn how to mix a variety of doughs for great-tasting, rustic, hard-crust breads such as baguettes and more. Learn to pair these with many food items and duplicate this process using your home oven.

Sa, Su (2 Sessions) 8/12 - 8/13 10:00 AM - 3:00 PM PBA 106 \$125 + \$25 Materials Fee

### CHOCOLATE & CANDY

#### Homemade Ice Cream

**Suzann Vaughn**

Summer is here! Discover how to make a custard-based ice cream, chocolate sorbet, and mint stracciatella in this hands-on class. Learn how to add swirls of fruit or chocolate into the ice cream. Leave with the different bases made in class to use at home along with recipes for more tasty treats.

Sa 6/3 10:00 AM - 1:00 PM PBA 102 \$39 + \$10 Materials Fee  
Th 7/20 6:00 PM - 9:00 PM PBA 102 \$39 + \$10 Materials Fee

### COOKING

#### Cut Like a Chef - Level 2

**Karen Binkhorst**

Enhance your kitchen confidence with this advanced cutting class. Learn to fillet fish, cut up a whole chicken, slice meat and more. Learn practical applications of professional cutting techniques.

Tu 6/6 6:00 PM - 8:30 PM CAB - Main \$45 + \$15 Materials Fee

#### **NEW!** Japanese Summer Noodles (Udon and Ramen)

**Fumiko Kurose-Bretzke**

Learn to cook two healthy Japanese summer favorites: Udon (wheat noodles) and Ramen (egg noodles). The instructor will demonstrate how to make authentic Japanese soup stock (Dashi) from scratch for Udon noodle soup, and how to make a sweet and sour soy dressing for cold Ramen noodles. In addition, learn to prepare garnishes for these noodle dishes using a variety of vegetables, omelette, shrimp, and cooked chicken.


W 7/12 6:00 PM - 9:00 PM CAB - Main \$45 + \$15 Materials Fee

#### **NEW!** Sushi Bento (Box Lunch)

**Fumiko Kurose-Bretzke**

Make your own delicious, beautiful Bento, a Japanese-style packed lunch, by learning how to make and artfully arrange sushi rice, fresh and cooked vegetables, shrimp, smoked salmon, and delectable toppings. Vegetarian options will also be covered.

W 8/2 6:00 PM - 9:00 PM CAB - Main \$45 + \$15 Materials Fee

When you see this  icon, two or more people may enroll at a reduced class fee rate (per person) when you enroll together. Call us at 206-934-5339 or visit [www.learnatsouth.org](http://www.learnatsouth.org) to see the **Friends Rate**.

## Meet Nongkran Daks

**Nongkran Daks** is the proud owner of the Thai Basil restaurant in Chantilly, Virginia. Her cuisine has been critically acclaimed in the *New York Times* and *Washington Post*, and she was featured on the Food Network in "Throwdown with Bobby Flay." As an instructor, she loves to demonstrate and share secrets for preparing some of her specialty dishes, give tips on shopping for ingredients, and share her tale of a lifelong love affair with Thailand's culinary arts.



## WINE & HARD CIDER

*Must be at least 21 years of age to attend.*

### Wine Tasting Primer: Sight, Smell, Taste

**Dieter Schafer**

Learn how to taste wine knowledgeably and accurately describe what you are tasting. Sommelier Dieter Schafer introduces you to wine types, grapes, varietals, and wine regions of the world, as well as the basics of reading a wine label. Gain hints for smart buying, proper storing and aging. Also included is discussion of wine-and-food pairing: What matches well, what doesn't, and why. Tastings each session.

Tu (3 Sessions) 8/1 - 8/15 6:00 PM - 9:00 PM JMB 140 \$99 + \$21 Materials Fee

### Handcrafted Hard Ciders

**Colin Schilling**

Discover the world of handcrafted hard ciders with a tasting tour led by a professional cidemaker and artisan of the craft, who is the owner of Schilling Cider House which features over 300 specialty craft ciders from around the world. The "tour" includes an introduction to the fascinating history and politics of the cider industry as an alcoholic beverage, along with information about the various techniques used around the U.S. and in Europe to make naturally-fermented cider. The tastings will provide an opportunity to try a wide variety of styles and flavors along with recommended food pairings.

F 6/9 6:00 PM - 9:00 PM NWWA 123 \$45 + \$10 Materials Fee

## Visit South's Northwest Wine Academy Tasting Room

*Our recently-renovated wine building on campus features a large tasting room and retail store.*

*No charge for tasting.*

**Summer Hours:** Wednesdays & Thursdays 2-7pm, Fridays 2-4pm, and 2nd Saturday of each month 12- 6pm.



### **NEW!** Thai Guest Chef & Cookbook Author

**Nongkran Daks**

Chef Daks will demonstrate and share secrets for preparing three of her specialty dishes: her Throwdown winning Shrimp Pad Thai, Chicken Tom Yam soup (to add a little spice to the evening) and Mango with Sticky Rice, a delicious dessert or snack. Class format will be demonstration and some hands on involvement. She will also give tips on shopping for ingredients. Don't miss this one time opportunity to share an evening with this accomplished chef and author.

W 7/19 6:00 PM - 9:00 PM FSA Kitchen \$49 + \$15 Materials Fee

### Luscious, Low-Fat, Lightning-Quick Meals

**Donna Acosta**

Join a registered dietitian and discover how easy it can be to prepare meals that are both delicious and nutritious.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

## ICING DECORATIONS

### Cake Decorating ABC's

**Jeanine Garcia**

Discover the basics of building and decorating your own delicious cakes. Learn about types of icing, application methods, techniques for splitting and adding fillings to cakes, as well as proper piping for borders and lettering. Leave with basic decorating tools and recipes.

M (3 Sessions) 7/10 - 7/24 6:00 PM - 9:00 PM PBA 102 \$65 + \$15 Materials Fee

### Cupcake Decorating - Flowers & Borders

**Jeanine Garcia**

Discover how to pipe great flowers and borders in buttercream to give that perfect finishing touch to your cupcakes. Flower decorations include Sweet Pea, Primrose, Rosebud, Half Rose, and Sunflower. Learn to finish borders with Dot, Bead, Shell, Rosette, and Zig-Zag.

M 6/26 6:00 PM - 8:30 PM PBA 102 \$35 + \$15 Materials Fee

### Cookie Decorating - Custom Cookies

**Jeanine Garcia**

Discover how to create custom-decorated cookies that will be remembered long after they've been devoured. Learn fun techniques for using buttercream and royal icing flooding to customize cookies for any occasion.

M 8/7 6:00 PM - 8:30 PM PBA 102 \$35 + \$15 Materials Fee

## Meet Jeanine Garcia



**Jeanine Garcia** is a true "foodie" with an inspired love of food that led her to acquire professional training at The International Culinary Schools at The Art Institute of Seattle. She started a small catering & baking business (Inspiration Catering & Baking) in 2010 to fulfill this passion, and started teaching the Wilton Method of cake decorating in 2013. "I truly enjoy sharing my knowledge with my students!"



## FRENCH

### French for Fun and Travel

**Robert Gloster**

Learn French at your own pace in a fun and relaxing setting. Develop your vocabulary and gain useful expressions you will need when encountering different situations while traveling in a French-speaking country. Perfect choice for those with little or no background in the French language.

Tu (6 Sessions) 7/11 - 8/15 6:00 PM - 8:00 PM OLY 202

\$145

### **NEW!** French in Everyday Life

**Petra Zanki**

Have you met a French person in the US, participated in a French language group or other activity where French was spoken? Did you want to know more than initial greetings and basic conversation, but didn't know how to start? Have you ever wanted to go to France and talk to the locals? This conversation course with its practical approach to language acquisition is designed to teach you how to speak everyday French, enabling you to navigate common life situations utilizing French. Pre-requisite: beginning French 1 course or similar elementary French background.

M (6 Sessions) 7/10 - 8/14 6:00 PM - 8:00 PM OLY 204

\$145

### Beginning Conversational French

**Amy Page**

Discover how easy it can be to learn common words and phrases for both leisure and business.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/)

Start dates June 14, July 12, August 16

\$109

## LANGUAGE

See [www.LearnatSouth.org](http://www.LearnatSouth.org) or call 206-934-5339 for language textbook information.

## AMERICAN ENGLISH

### American English - Building a Powerful Vocabulary **Peter Whelan**

Do you sometimes have difficulty finding the right words to clearly express your ideas? Do you have difficulty reading efficiently because there are too many words you don't know? Learn to use the power of words to help you become a more effective speaker, reader and writer.

Tu (4 Sessions) 6/27 - 7/25 6:00 PM - 8:30 PM OLY 101

\$99

### American English - Using the Right Word **Peter Whelan**

Do you use the word "affect" or "effect," "past" or "passed," "council" or "counsel," "lie" or "lay," "fewer" or "less," "specially" or "especially," "continual" or "continuous?" Often we use the wrong word because it gets confused with another word. Learn to distinguish between the meanings and grammatical usage of many commonly-used words to help you use them correctly.

Tu (3 Sessions) 8/1 - 8/15 6:00 PM - 8:30 PM OLY 101

\$85

## CHINESE

### Mandarin Chinese for Fun - Level 1 **Nancy Mar**

This class covers basic knowledge of the language, the country, the people, and the culture. Learn basic daily conversational skills on various topics including: Greetings & self-introductions, shopping, getting around in China, business etiquette, going to restaurants, sightseeing, transportation, making reservations, purchasing tickets, numbers, survival language expressions, and much more.

Sa (6 Sessions) 7/8 - 8/12 10:30 AM - 12:30 PM OLY 100

\$145

## Meet Petra Zanki

**Petra Zanki** received her MA in French Language and Literature in France and has fifteen years of experience teaching French to adults. "Being

very passionate about French, I am very thoughtful about the ways I approach it with students. I always make sure to teach professionally in a very human way, being genuinely interested in my students' success!"




# INSTRUCTORS WANTED!

South's Continuing Ed is always looking for qualified instructors with expertise in the topic areas found in this schedule.

Want to share your passion and knowledge with others? No degree required. Please consider submitting a proposal to us.

Go to [www.LearnatSouth.org/teach](http://www.LearnatSouth.org/teach) or email us a [southced@seattlecolleges.edu](mailto:southced@seattlecolleges.edu)

When you see this  icon, two or more people may enroll at a reduced class fee rate (per person) when you enroll together. Call us at 206-934-5339 or visit [www.learnatsouth.org](http://www.learnatsouth.org) to see the **Friends Rate**.

## Meet Martina Stoewer

**Martina Stoewer** is a native Italian with a Masters of Arts in Modern Languages, Literatures and Translation from the University of Pisa (Italy). She recently moved to the United States and is thrilled to teach Americans her beloved Italian language and culture "because Italian isn't just a language, it's a way of living!"



### ITALIAN

#### Italian 1

Join us for this beginning class which introduces you to essential grammar, correct pronunciation and modern practical vocabulary. Explore a new culture and language in a relaxed and informal atmosphere to begin to formulate conversations in Italian!

W (6 Sessions) 7/12 - 8/16 6:15 PM - 8:15 PM OLY 204 \$145

**Martina Stoewer**

#### Italian 2

Increase your knowledge of the Italian language including speaking, grammar, and vocabulary. Emphasis will also include oral practice with conversation centered on cultural elements.

Tu (6 Sessions) 7/11 - 8/15 6:00 PM - 8:00 PM OLY 204 \$145

**Martina Stoewer**

#### Italian Parliamo

Enhance your conversation and comprehension skills. This class is conducted in Italian and is designed for those with a good command of the Italian language.

W (6 Sessions) 7/12 - 8/16 4:00 PM - 6:00 PM OLY 204 \$145

**Martina Stoewer**

#### Instant Italian

Learn Italian from the comfort of your home in this fun and enjoyable online course.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

**Robert Bertoldi**

### JAPANESE

#### Conversational Japanese

Whether you want to learn conversational Japanese for travel or just fun, you'll find this course makes it easy and enjoyable for beginners to master the essential of the Japanese language.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

**Ririko Hayashi**

### SIGN LANGUAGE

#### Discover Sign Language

Discover the fun of learning sign language and using your hands to communicate with Deaf people.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

**Jennifer Carmen**

### SPANISH

#### Spanish for Fun and Travel

Planning a trip to a Spanish speaking country or want to learn more about Spanish culture and language? This class emphasizes speaking and comprehension at the novice level. Learn about cultural, historical and social points of interests. Practice useful phrases, vocabulary, basic verb conjugation and pronunciation.

Th (6 Sessions) 7/6 - 8/10 6:00 PM - 8:00 PM OLY 204 \$145

**Sally Andrews**

#### Spanish 2

Continue your introduction to the Spanish language and focus on improving speaking and listening skills. Emphasis is on practice and confidence building. Grammar points include: Review of the present tense and future tense using ("going to") and introduction to the past tenses. Texts are introduced for reading practice and to prompt discussion and practice writing short paragraphs.

Tu (6 Sessions) 7/11 - 8/15 6:00 PM - 8:00 PM OLY 103 \$145

**Ryan Judge**

#### Spanish 3

Further your Spanish conversation skills in an informal, supportive setting. Class includes an opportunity for Spanish conversation and time to watch and discuss Spanish-language movies. Prerequisite: Spanish 2 or equivalent experience.

W (6 Sessions) 7/5 - 8/9 6:00 PM - 8:00 PM OLY 103 \$145

**Ryan Judge**

#### Spanish 4

Continue to expand your Spanish language conversation skills as well as developing a deeper cultural understanding of a variety of Spanish speaking countries. Prerequisite: Spanish 3 or equivalent.

Th (6 Sessions) 7/6 - 8/10 6:00 PM - 8:00 PM OLY 103 \$145

**Ryan Judge**

#### Speed Spanish I, II, & III

Learn shortcuts to help you engage in conversational Spanish, as you build your language skills & develop fluency.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

**Dan Mikels**

#### Spanish for Medical Professionals

This Spanish class is designed specifically for healthcare professionals - will help you bridge that gap with your Spanish-speaking patients. You will practice the basic, practical language skills needed to effectively communicate with your Spanish-speaking patients and their families. Learn the basics of the language, gain an understanding of the culture, and know how to ask the questions crucial to quality healthcare.

[www.learnatsouth.org](http://www.learnatsouth.org) 7/3-7/28 \$145

**Cristina Sempere**

#### Spanish in the Classroom

Learn the essential Spanish for teachers so you can communicate effectively with your Spanish-speaking students and parents.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

**Tara Bradley Williams**

#### Spanish for Law Enforcement

Master the fundamentals of the Spanish language by practicing basic conversational skills and learning essential Spanish terminology for law enforcement situations.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

**Tara Bradley Williams**

#### Medical Spanish Series

Communicate more effectively with Spanish-speaking patients after taking this discounted series of courses that teach Spanish for medical professionals. (48 hours)

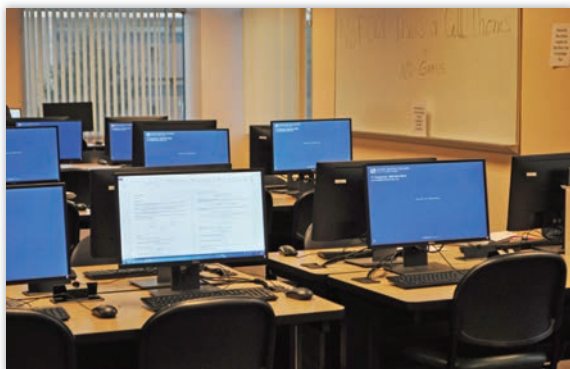
[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$179

**Tara Bradley Williams**

## FREE! Info Night

**Is online learning for you?** We offer 5 different online opportunities from personal enrichment courses to career worker retraining programs. Join us and explore the different options and find the right one for you. Come learn about the various options and how you can take a "test drive" of some of the classes.


Wed. June 14 6:00-7:00 p.m. OLY 104



## COMPUTERS

### South Seattle College Advantage

- Classes taught using Windows 7 Operating System
- Most onsite Microsoft application classes will be taught using Office 2013 or 2016.
- Books for Microsoft Office 2013 classes included.
- Clock hours and CEUs are available for all computer classes

 Additional computer classes available online for Microsoft Office and Mac – see [www.ed2go.com/southsea](http://www.ed2go.com/southsea) for more information.

### FREE! Computer Training Preview

**Jesse Braswell**

Come to this free Preview of South's computer classes. Staff will help you determine which classes best meet your needs through one-on-one advising. Registration for future computer classes and workshops will be available at the Preview.

Tu 6/20 6:00 PM - 7:00 PM OLY 104 FREE

## SERIES

### Computer Series - Level 1

**Jesse Braswell**

This Series gives you all you need to get started with your computer and includes the following three classes: Windows Fundamentals - Level 1, Word 2013 - Level 1, and Excel - Level 1. No experience necessary. Take the Series for a savings. All books included in price. (No class 7/4 & 7/6)

Tu,Th (7 sessions) 6/27 - 7/25 6:00 PM - 9:00 PM OLY 104 \$325

## ESSENTIALS

### Keyboarding

**Keyboard Pro**

Learn how to touch-type or improve your existing typing skills using Keyboarding Pro 5.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

### Windows Fundamentals - Level 1

**Jesse Braswell**

Learn to use Windows with ease as you master its basic tools and functions. NO EXPERIENCE NECESSARY. Book included.

Tu,Th (2 Sessions) 6/27 - 6/29 6:00 PM - 9:00 PM OLY 104 \$135

### Intro to Windows 10

**Curt Simmons**

Learn to use this powerful new operating system, including how to customize your desktop, manage files and folders, and navigate the Web with the new Microsoft Edge browser.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

### **DAYTIME!** Overview of Social Media

**Jesse Braswell**

Learn the basics of the Internet's most popular social media platforms: Facebook, Twitter, Pinterest, Instagram, and Snapchat. Discover tips and secrets for effective use of these ubiquitous applications on your computer, laptop, and smartphone.

Th 6/8 2:30 PM - 4:30 PM OLY 203 \$29

### Intro to PC Security

**Debbie Mahler**

A security expert teaches the fundamentals of PC and network security.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

### Intro to PC Trouble Shooting

**Scott Jernigan**

Learn to decipher and solve almost any problem with your PC.

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$109

## EXCEL & WORD

### Excel 2013 - Level 1

**Jesse Braswell**

Learn Excel spreadsheet basics, formulas, functions, and shortcuts. Basic PC and typing skills helpful, but this class is for Excel beginners. Book included.

Tu,Th (3 Sessions) 7/18 - 7/25 6:00 PM - 9:00 PM OLY 104 \$145

Sa 7/29 9:00 AM - 4:30 PM OLY 104 \$145

### **DAYTIME!** Productivity in Excel 2013 - Tips and Tricks

**Jesse Braswell**

Spend a day diving into all that Excel can do including spreadsheet basics, formulas, functions, and shortcuts. Basic PC and typing skills helpful, but this class is for Excel beginners. In addition to a book, leave the class with a Tip Sheet sure to save you and your colleagues time and frustration on your next project!

W 6/7 9:00 AM - 4:00 PM Georgetown, Bldg. A, Room 120 \$159

### Word 2013 - Level 1

**Jesse Braswell**

Learn to use the fundamental features necessary for creating Word documents. Basic PC and typing skills helpful, but this class is for Word beginners. Book included.

Tu,Th (2 Sessions) 7/11 - 7/13 6:00 PM - 9:00 PM OLY 104 \$135

## GRAPHIC DESIGN

### Adobe Photoshop 1 - Learning the Basics

**Meredith Blache**

This class is an excellent introduction to Adobe Photoshop. Learn the basics, from how each tool works to what layers are, gaining confidence as you create and complete several Photoshop projects. Images will be provided.

Sa 6/3 9:00 AM - 1:00 PM OLY 102 \$65

### Adobe Photoshop 2 - Adjusting Images

**Meredith Blache**

Learn to use Adobe Photoshop to fix and adjust images, to utilize advanced retouching techniques, to create compilations, and to work non-destructively on an image. Images will be provided.

Sa 6/10 9:00 AM - 1:00 PM OLY 102 \$65

### Adobe Photoshop 3 - Graphic Design for Print and Web

**Meredith Blache**

Learn to use Photoshop for print, graphic design and online graphics creation. Master the various text tools including the path tool, how to create new images using multiple images, how to create a quick animation for use on the web, and much more. Images will be provided.

Sa 6/17 9:00 AM - 1:00 PM OLY 102 \$65

## PROGRAMMING

### **NEW!** Introduction to HTML and CSS

**Jesse Braswell**

Whether you're a new or seasoned web designer, you need to know the latest in HTML architecture. Learn to use tags, including tags that enhance media and animations, and how to add videos, audio tags, image maps, tables, frames, forms, and multimedia elements.

Th 8/3 6:00 PM - 9:00 PM OLY 104 \$65

### Java Series

**Brian Hall**

Learn Java programming, one of the most widely used computer languages, in this discounted series of courses. (48 hour course)


[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$179

### SQL Series

**Cecelia Allison**

SQL is one of the most requested skills from today's data-driven employers. Learn the coding language in these easy to follow online courses. (48 hour course)

[www.ed2go.com/southsea/](http://www.ed2go.com/southsea/) Start dates June 14, July 12, August 16 \$179

When you see this  icon, two or more people may enroll at a reduced class fee rate (per person) when you enroll together. Call us at 206-934-5339 or visit [www.learnatsouth.org](http://www.learnatsouth.org) to see the **Friends Rate**.

# Online Classes for Educators

South Seattle College partners with Virtual Education Software, LERN and ed2go

(VESi)



to offer a selection of education classes for professionals that are convenient, relevant and affordable. Clock hour fee is included in the price.

## K-12 Teacher Classes

- All classes run for a month. 16 clock hours
- Interactive materials & dialogue with instructor
- Class content and self quizzes are accessible for the entire course, you can work ahead or go back and review at your convenience.

### Sample Classes ([www.LearnatSouth.org](http://www.LearnatSouth.org)):

Social Media and Online Tools for K-12 Teachers	7/3-7/28	\$145
Using Cell Phones in the Classroom	7/3-7/28	\$145
3D Printing for Educators	6/5-6/30	\$145
Online Learning and Teaching for K-12	6/5-6/30	\$145
Generational Learning Styles	6/5-6/30	\$145

## Tools for Teachers

- 6 weeks of instruction, 2 lessons a week
- Monthly start dates. 24 clock hours
- Online discussion area


### Sample Classes ([www.ed2go.com/southsea](http://www.ed2go.com/southsea)):

The Creative Classroom	6/14, 7/12, 8/16	\$109
Teaching Students with ADHS	6/14, 7/12, 8/16	\$109
Teaching Smarter with SMART Boards	6/14, 7/12, 8/16	\$109
Differentiating K-12 Assessments	6/14, 7/12, 8/16	\$109
Spanish in the Classroom	6/14, 7/12, 8/16	\$109
Differentiated Instruction	6/19, 7/12, 8/16	\$109

# ONLINE COURSES for EDUCATORS



South Seattle College in partnership with Virtual Education Software (VESi) offers online education courses for K-12 professionals that are convenient, relevant and affordable.

Courses are Tablet Compatible 

**28 COURSES AVAILABLE FOR 30 OR 45 CLOCK HOURS**

30 Hours: \$199 / 45 Hours: \$225

### COURSE TOPICS INCLUDE:

- Managing Disruptive Behavior
- Assessing Student Learning
- Differentiated Instruction
- Common Core
- Inclusion
- Reading & Writing in Content Area

**FOR DETAILED COURSE DESCRIPTIONS AND TO REGISTER GO TO:**  
[www.LearnatSouth.org](http://www.LearnatSouth.org)

Start anytime, work at your own pace.

Course length is a minimum of two weeks and must be completed within one year of the day you registered.

# Registration is Easy!

## five WAYS TO REGISTER

- 1 ONLINE**  
www.LearnatSouth.org
- 2 PHONE**  
(206) 934-5339
- 3 IN PERSON**  
Olympic Hall, Room 130
- 4 MAIL**  
Continuing Education  
South Seattle College  
Olympic Hall, Room 130  
6000 - 16th Avenue SW  
Seattle, WA 98106-1499
- 5 FAX**  
(206) 934-6699

### Office Hours & Location

8:30am – 6:00pm, Monday-Thursday  
8:30am – 1:00pm, Friday  
Holidays: 7/4

### Continuing Education Refund Policy

- 100% refund if a class is cancelled by South Seattle College.
- To cancel a registration, please contact the Continuing Education office at least two business days prior to the start of the class.
- You will be refunded 100% of the class fee minus a \$6 processing fee. The processing fee will be waived if you transfer to another Continuing Education class.

### Cancellation of Classes

Classes may need to be cancelled if enrollment is low, due to an emergency, or if the college is officially closed due to bad weather. You may want to check [www.flashalert.net](http://www.flashalert.net) for bad weather school closure messages. If a class is cancelled, we will make every effort to call and email you in advance. If a class is cancelled, you will receive a full refund.

### Continuing Education Staff

**Luisa Motten**  
Director of Continuing Education

**Kathleen Kent**  
Program Specialist

### Temporary Office Assistants

Geoff Hamada  
Brenda Ferguson  
O'Lisa Johnson  
Alison McGuire

## Continuing Education Non-credit Registration

Name: \_\_\_\_\_  
Street: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Gender: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
(Required to verify your I.D.)

Class Title	Start Date	Fee
<b>Total</b>		

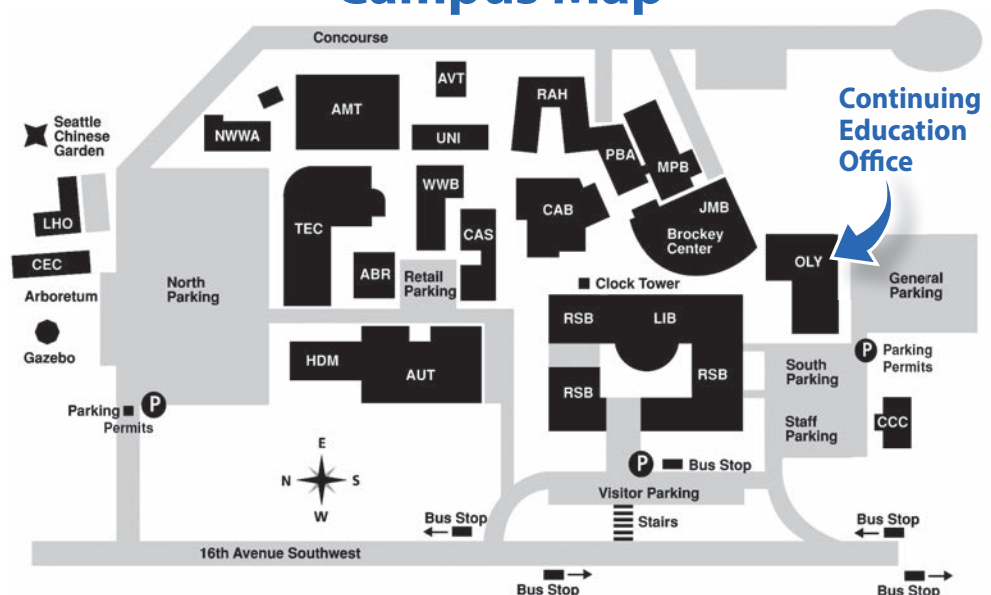
### Payment Method (check one)

- VISA     
  Master Card     
  Discover     
  AmEx  
 Personal check payable to South Seattle College

### Credit Card Information

Name on Card: \_\_\_\_\_  
Account No.: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

## Campus Map



**Directions:** Go to LearnAtSouth.org or call (206) 934-5339.

**Parking Permits:** Parking permits are required to park on campus. Cost is \$3.00.

**Bus Information:** Bus route #128 & 125 stop at main entrance



**SOUTH SEATTLE  
COLLEGE**

Continuing Education  
6000 16th Avenue SW  
Seattle WA 98106-1499

**CAR-RT WSS  
POSTAL CUSTOMER**

**PERIODICALS  
POSTAGE  
PAID  
SEATTLE, WA**



# Continuing Education

*Want To Take Your Learning Outside the Classroom?  
Study anytime, anywhere with online classes.*



*A classroom with no walls this Summer!*

**Build your own class schedule  
this Summer from over 300  
classes, including**


- ❖ Language Classes
- ❖ Computer Programming
- ❖ Personal Development
- ❖ Grant Writing
- ❖ Courses for Educators (see page 14)

Visit [www.LearnatSouth.org](http://www.LearnatSouth.org)

(online) and

[www.Ed2go.com/Southsea](http://www.Ed2go.com/Southsea)

to see all the options

(Look for the  symbol throughout the catalog!)

## Register Now for Summer Classes at South!

www.LearnatSouth.org • SouthCED@seattlecolleges.edu  
206-934-5339 • FAX 206-934-6699